

Jempsons

Make Mum's day

Sunday 19th March



Stores at Peasmarsh, Rye, Battle,
Wadhurst & Bexhill



For more info
and addresses
scan the code

J00600



£12*

RRP ~~£5.50~~
200g



£4.50



RRP ~~£8.25~~
75cl

£7.50



Chocs and her favourite fizz

* Buy Co-op Irresistible Prosecco 75cl and Lindt Lindor 200g for £12 (choose from Milk, Assorted, Salted Caramel or Blood Orange).

jempsons.com



@jempsonsstores



/jempsonsstores



/jempsonsstores

be drinkaware.co.uk

Unless otherwise stated, all offers available from 8th March 2023 - 28th March 2023. P4 H Jempsons

Make Mum smile...



Beautiful bouquets to Make Mum's day

* Available where stocked



£15.50

RRP £17.29
70cl

£6.50



£5*

Bouquet



Bouquet

£8*



RRP £4
310g

£3.25



RRP £10
264g

£7
Each



195g

RRP £9.99
300g



£8*

A roast dinner for all the family

RRP £2.50
400g

£1.50



£6.50

RRP £7.79
1.135kg

*Buy Co-op Garlic & Herb Spatchcock 1.135kg and Co-op Roast Potatoes 400g for £8.

Why not add...

£2.50



RRP £3.29
500g



£5.75

RRP £5.85
75cl

Spring into Easter



Any 2 for
£8

on large eggs



RRP ~~£4.99~~
226g



When
it's gone,
it's gone!

RRP ~~£4.99~~
193.5g



RRP ~~£4.99~~
230g



RRP ~~£4.99~~
198g



£2.75

5pk



£2

RRP ~~£2.50~~
3pk



£1.75

8pk



£1.25

5pk

TREAT MUM THIS
MOTHER'S DAY...

A slice of handmade
**VICTORIA
SPONGE CAKE**
& any regular hot drink



£4.50

Gluten
Free
45P

Go
Large
50P

Available at all
Jempson's cafés

www.jempsons.com



RRP £1.99
200g

RRP £3.05
456g

**FREEZER
DEAL**



RRP £1.99
170g



RRP £1
340g

£6*

For all this

SAVE £6.92



RRP £4.89
400ml

*Deal Includes: Birds Eye 4 Chicken Burgers PM £1.99 200g, Birds Eye 2 Crispy Chicken PM £1.99 170g, Birds Eye Alphabites 456g, Birds Eye Mixed Vegetables PM £1 340g, Cadbury Caramilk 4pk 400ml.



£1

RRP ~~£1.75~~
750g



RRP ~~£2.09~~
Pack



95p

RRP ~~£1.19~~
150g

**go
FRESH
3**



Switch to own-brand and see what you could save

There's no need to go out of your way to make your money go further when you've got Nisa on your doorstep. The average shopper can make a potential saving of **£10.49*** per week on their food and groceries simply by switching from branded to own brand products.

Find Co-op essentials instore



*The saving of **£10.49 per week** on food and groceries when switching from branded to own brand products (excluding premium ranges) has been calculated from Kantar data which looked at average spending on grocery consumer packaged goods across 30,000 UK households and multiple food retailers (excluding Nisa Partner stores) over an 8 week period up to 21st March 2022.

EVERYTHING
YOU NEED
TO TREAT
YOUR MUM
THIS
MOTHER'S
DAY!



Check out
our
chocolate
counter

www.jempsons.com

Great Deals...

On cupboard fillers

Tetley ORIGINAL 240s RRP ~~£7.40~~ **£4.50**

Nescafé ORIGINAL 200g RRP ~~£7.05~~ **£4.50**

TWININGS English Breakfast 100s RRP ~~£6.29~~ **£3.50**

KING POT noodle 114g RRP ~~£1.75~~ **£1.20**

Barilla BOLOGNESE 400g RRP ~~£2.19~~ **£1.25** Each

Barilla PENNE RIGATE N°3 500g RRP ~~£1.85~~ **£1.25** Each

HELLMANN'S REAL MAYONNAISE 430ml RRP ~~£2.89~~ **£2.40**

Nestlé Shreddies THE HONEY ONE 460g RRP ~~£3.35~~ **£2**

Knorr CHICKEN STOCK POT 4x28g RRP ~~£1.85~~ **£1.30** Each

Knorr BEEF STOCK POT 4x28g RRP ~~£2.09~~ **£1.30** Each

Colman's MINT SAUCE NORFOLK 165g RRP ~~£1.55~~ **£1**

On treats

GRENDE HIGH PROTEIN, LOW SUGAR 60g RRP ~~£2.95~~ **£2.20**

Jaffa Cakes The Original 18pk RRP ~~£1.90~~ **£1.35**

Mini ROLLS 5pk RRP ~~£2.25~~ **£1.25**

CLUB SALTED CARAMEL 7pk RRP ~~£2.55~~ **£1.25**

CHEDDARS 150g RRP ~~£1.70~~ **£1.25**

Digestives CARAMEL 250g RRP ~~£2.59~~ **£1.50**

On snacks

Quavers 12 CHEESE 12x16.4g RRP ~~£3.19~~ **£3**

WALKERS READY SALTED 6 PACK 6x25g RRP ~~£1.90~~ **£1.50**

MAX DOUBLE CRUNCH LOADED CHEDDAR & ONION 140g RRP ~~£2.05~~ **£1.50**

SENSATIONS THAI SWEET CHILLI 150g RRP ~~£2.30~~ **£1.75**

Reinforce FRUIT PASTILLES 143g RRP ~~£2.05~~ **£1.25**

Twinkl Bites 109g RRP ~~£1.99~~ **£1.35**

On soft drinks

FANTA Fruit Twist 2L RRP ~~£2.79~~ **£1.50**

Coke 12x330ml RRP ~~£7.30~~ **£5** SAVE £2.30

Lucozade ORANGE 900ml RRP ~~£2~~ **£1.75**

Capri-Sun 4x200ml RRP ~~£2.39~~ **£1.25**

Fruit Shoot 4x200ml RRP ~~£2.05~~ **£1.50**

MAX 2L RRP ~~£3.05~~ **£1.70**

ROUSSEAU Fruit 1L RRP ~~£2.75~~ **£1.50**

Making a Difference Locally

Get ready to celebrate the Kings Coronation! Whether it's holding an event, tree planting, buddy benches, memorial gardens or school mementos, **MADL are giving up to £500** to community groups to celebrate in style. Ask in store before the 15th March to get your group nominated.



More about MADL

On fridge freezer

RRP ~~£2.99~~
332g



£2
Each



£2

RRP ~~£2.99~~
200g



£3.25

RRP ~~£5.60~~
950ml



£3.50

RRP ~~£4.50~~
380ml



£2.50

RRP ~~£3.75~~
300ml

RRP ~~£2.40~~
170g



£1.35



RRP ~~£2.49~~
700g

On household items



£1

HALF PRICE

RRP ~~£2~~
Pack



£2

RRP ~~£3.39~~
700ml



£3.20

RRP ~~£4.99~~
648ml

On beers, wines and spirits

be drinkaware.co.uk



£12.25

RRP ~~£14.25~~
12x330ml



RRP ~~£12.20~~
10x440ml

RRP ~~£12~~
10x440ml



£11



£10.50

RRP ~~£11.75~~
10x440ml



£10

8x440ml



£9.75

RRP ~~£12.40~~
12x330ml



£7.75

RRP ~~£10~~
75cl



£5.50

RRP ~~£6.45~~
75cl



£6

RRP ~~£6.65~~
4x568ml



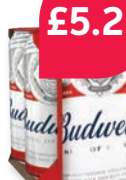
£5.75

RRP ~~£6.55~~
4x568ml



£5.50

RRP ~~£6.45~~
4x330ml



£5.25

RRP ~~£5.85~~
4x440ml



£4.95

RRP ~~£5.49~~
4x330ml



£4.50

RRP ~~£4.99~~
4x440ml



RRP ~~£2.75~~
660ml

£2



£11

SAVE £3



£18.50

SAVE £4.90

RRP ~~£23.40~~
70cl

Fill your Basket
LESS

**1
WEEK
DEAL**

Available from
**15th - 21st
March 2023**



RRP ~~£16.29~~
70cl

£15



£15.50

RRP ~~£16.29~~
70cl

RRP ~~£14~~
75cl



Fill
your
Basket
for
LESS

**Tuck into
a classic...**

£4*

Pie & mash

SAVE up to £2.10



RRP **£4.45**
500g

RRP **£1.65**
400g

***Deal includes:** Any pie (choose from Co-op Chicken & Gravy Pie 500g RRP £4.45 or Co-op Steak & Gravy Pie 500g RRP £4.45) and a side (choose from Co-op Mashed Potato 400g RRP £1.65 or Co-op Carrot, Broccoli & Cauliflower Mix 250g RRP £1.25)



Some promotions may have been cancelled or changed after we printed this leaflet. Look out for in-store disclaimers which summarise these changes. Some variants may not be available in all stores and some offers may vary across stores. We reserve the right to limit purchases. All prices correct at the time of going to press. Half price indications and savings relate to Nisa recommended retail prices and may differ in some stores.

**Your
Local
Store**

Proudly independent
Part of the Nisa family